

At this current time of reduced movement & therefore postponement of H&S meets in each region we have created a Compliance Bulletin that we intend to communicate each Tuesday

## Section A - Coronavirus

### Covid 19 Status

For latest Nurture Group advice refer to the following Management Guidance

<U:\Human Resources\CORONAVIRUS\Coronavirus - Manager's guide V2.pdf>

### Social Distancing

To ensure we are doing everything possible to reduce the risk of infection. Measures put in place by Nurture include;

- Maintain operative social distancing at all times, this may involve staggered start and finish times
- Where possible vehicles to contain the driver only – where 2<sup>nd</sup> person present public health recommendations for transportation in cabs is followed.
- **If workers have to share enclosed spaces such as the cabs of vehicles, they should keep the window open for ventilation and they should be careful to avoid touching their face at all times.**
- **On leaving the enclosed space, they should wash their hands with soap and water for 20 seconds or more or use hand sanitiser when they cannot wash their hands.**
- Dual teams to remain in the same personnel throughout
- Minimise contact between workers and avoid skin-to-skin and face-to face contact. Where face-face essential, limit to 15 minutes
- Stagger break times to ensure no interaction thus reducing risk.
- Cleaning down of multi-use machinery or vehicles before transferring to another user.
- Sanitising hands at regular intervals along with machinery and vehicles using wipes provided
- Regular washing of hands for at least 20 seconds.



If social distancing guidelines cannot be met in full, consider whether that activity needs to continue, and if so, take all mitigating actions to reduce risk.

### Latest Risk Assessments

Companywide Coronavirus Risk Assessment **updated 21<sup>st</sup> April 20**

**Updated hazards are –**

- **Bin Emptying & Litter Picking**
- **Entering gated areas in residential areas**

[RA-C25f Dangers of catching Coronavirus \(Covid 19\) UPDATED 21st April 2020.docx](#)

Sanitisation of Company Vehicle

[RA-C27 Sanitization of vehicles to treat & prevent Covid 19 spread.docx](#)

Temporary Homeworking Risk Assessment

[RA-T70 Temporary Home Working.docx](#)

## Covid 19 – NO Government Updates of information from Last Week

### Perennial Update

Perennial have updated their information this week

[Perennial Coronavirus COVID-19 news update \(17 April 2020\)](#)

### Supporting your mental health

If you are worried about your mental wellbeing, don't forget that you can also join the mental health support network we have made available to you in partnership with Big White Wall. Medical professionals monitor the site and are there for anyone who wishes to get in touch with them. There are also chat rooms, questionnaires, courses and more.



If you are stressed, anxious or need a place to talk, join our online mental health community provided by Big White Wall, complete a short survey to be able to [access the support service](#) and please be assured it's entirely anonymous.



**Contact us for help and support**  
 0800 093 8543  
[perennial.org.uk/coronavirus](http://perennial.org.uk/coronavirus)


## Good Practice Solutions

### Mental Welfare Support From Lifeworks app

Remind your team that we operate an **Employee Assistance Programme** called 'LifeWorks'.



The APP has lots of useful information about self-care, mental health and well-being and has Covid-19 toolkit for individuals too. If employees haven't yet registered, Busy Bees that operate the platform, are re-issuing the invitation to the app, so please encourage staff to download it on their phones, its free and could be helpful to many.

<p><b>Shortage of Surface Cleaners</b></p>	<p>A couple of recently sourced products by South Central</p> <p><b>Huwa-San TR3 supplied by Sherriff Amenity</b> They come in a box of 15 which costs £89.25/ box or £5.95 each They are plus vat and £12.75 carriage Coshh assessment <a href="#">SSCA W081 - Huwa San.doc</a></p> <p><b>Virabact supplied by Chartway Janitorial.</b> 5 Litre tubs of Virabact are <b>£21</b>, refillable trigger spray bottles are £2.50ea. Coshh assessment - <a href="#">SSCA W080 - VIRABACT multi surface cleaner.doc</a></p>
<p><b>De Sanitization of possibly infected van</b></p>	<p>RA / Procedure <a href="#">RA-C27 Sanitization of vehicles to treat &amp; prevent Covid 19 spread</a></p>
<p><b>Open Public Toilet Locations</b></p>	<p>BALI state 'For teams who travel between sites, it would be illogical and unreasonable to expect an employer, or a client, to provide alternative portable facilities during the coronavirus pandemic'. There are however plenty of alternatives which would be regarded as reasonable alternatives: The website <a href="https://www.toiletmap.org.uk/">https://www.toiletmap.org.uk/</a>. Lists the locations of all public toilets in the UK.</p>
<p><b>Next Business Brief</b></p>	<p>Subjects are:</p> <ul style="list-style-type: none"> <li>Bin Emptying &amp; Litter Picking Safety</li> </ul> <p><a href="#">BB May 2020 - Emptying Bins &amp; Litter Picking Safety.docx</a></p>
<p><b>Avoiding attending A&amp;E by avoiding accidents</b></p> 	<p>The last place we want to be visiting is a hospital as a potential patient In these hard operational times please ensure your guys follow all company H&amp;S procedures to help reduce any requirement of need to visit A&amp;E. Controls include:</p> <ul style="list-style-type: none"> <li>Ensure All wear correct PPE @ all times</li> <li>Ensure all machines and equipment is fully guarded</li> <li>Contact your teams on a regular basis ensuring all is well</li> <li>Ensure Lone Workers do not complete any High Risk Task</li> </ul> <p>This is not the time that your teams want to be injured and have to go to an A&amp;E hospital.</p>
<p><b>Frequently asked Question</b></p>	
<p><b>Should people wear face masks to protect themselves from infection?</b></p>	<p><b>Public Health England state:</b> Face masks play a very important role in clinical settings, such as hospitals but there's very little evidence of widespread benefit from their use outside of these clinical settings.</p> <p>Facemasks must be worn correctly, changed frequently, removed properly and disposed of safely in order to be effective.</p>
<p><b>Is hand sanitiser effective?</b></p>	<p><b>Public Health England state:</b> The best way to protect yourself from infections like coronavirus is to regularly wash your hands with soap and water.</p> <p>If soap or water aren't available and your hands are visibly clean, then sanitiser gel can be used.</p> <p>But proper hand washing is the most effective method and this should be your first choice</p>
<p><b>Is it ok to have more than 2 people travelling in a Crew Cab</b></p>	<p><b>NO</b> – The priority is to where possible to use single driven vehicles – gritter vans &amp; short term hires are still allowed</p> <p>The problem with crew cabs is that you are <b>NOT</b> sat side by side &amp; the person in the rear is facing the people in the front</p> <p>Dual should still be avoided where possible – but if required you can now do it following Govt guidelines - We must stick with 2 max &amp; ideally singles where possible.</p>

**I am finding more & more surgical waste. How do I deal with this**

**Wear your PPE**

Work boots  
 Gloves – which have a non-absorbent outer surface, and some puncture resistance  
 Safety Specs  
 Long trousers, Coat/jacket – but arms covered is the main point

**Bin Emptying**

Use liner in bin  
 Lift liner out & tie immediately  
 If no liner empty bin with litter picker  
 Do NOT use hands to empty

**Equipment**

Litter picker  
 If picking into a bag – use a bag hoop to keep the bag open

**Technique**

Do not overload bag  
 Put sharps in a sharps container  
 Never have the bag against your front, your legs or over your shoulder  
 Never pick up any item by hand, always use a litter picker or a shovel

**Hygiene**

Always use your PPE  
 Avoid touching your eyes, mouth, face when working  
 If you have to blow your nose – take off your gloves and clean your hands before and after doing so  
 Carry a means of cleaning your hands (wipes, sanitizer or water container with tap & soap dispenser)  
 Clean tools regularly, and the areas where they are stored.  
 Do not put litter pickers in the cab, try and keep the vehicle cab as a clean area and the vehicle back as the 'dirty' area – but clean both regularly

**Sharing best practice is very important companywide & if any of you have suppliers of vital equipment or you have introduced good processes forward information to [Robin.Jackson@nurturelandscapes.co.uk](mailto:Robin.Jackson@nurturelandscapes.co.uk) which we will include details of in next week's bulletin.**

**Next Week's bulletin will be Tuesday 28<sup>th</sup> April**