

At this current time of reduced movement & therefore postponement of H&S meets in each region we have created a Compliance Bulletin that we intend to communicate each Tuesday

## Section A - Coronavirus

### Covid 19 Status

#### Continue with Caution – Do NOT become complacent

Getting to the peak of the first wave, does not mean it is over, and if we get too relaxed and break social distancing etc., the second wave or peak could be even bigger and even more damaging to business and society.

Ensure your teams maintain Nurtures social distancing & hygiene procedures

#### Social Distancing Works

Watch the video clip below which helps show how Social Distancing works

[Mouse traps and ping pong balls to show powerful message.mp4](#)



#### Nurture Social Distancing

To ensure we are doing everything possible to reduce the risk of infection. Measures put in place by Nurture include;

- Maintain operative social distancing at all times, this may involve staggered start and finish times
- Where possible vehicles to contain the driver only – where 2<sup>nd</sup> person present public health recommendations for transportation in cabs is followed.
- **If workers have to share enclosed spaces such as the cabs of vehicles, they should keep the window open for ventilation and they should be careful to avoid touching their face at all times.**
- **On leaving the enclosed space, they should wash their hands with soap and water for 20 seconds or more or use hand sanitiser when they cannot wash their hands.**
- where it is not possible to remain 2 metres apart, staff should work side by side, or facing away from each other, rather than face to face if possible
- where face-to-face contact is essential, this should be kept to 15 minutes or less wherever possible
- Dual teams to remain in the same personnel throughout (cohorting)
- Stagger break times to ensure no interaction thus reducing risk.
- Cleaning down of multi-use machinery or vehicles before transferring to another user.
- Sanitising hands at regular intervals along with machinery and vehicles using wipes provided
- Regular washing of hands for at least 20 seconds.

If social distancing guidelines cannot be met in full, consider whether that activity needs to continue, and if so, take all mitigating actions to reduce risk.

#### Reminder of Symptoms Of Coronavirus

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature

For most people, coronavirus (COVID-19) will be a mild illness

## Ensure YOUR teams Stay @ Home if:

- You live alone and you have symptoms of coronavirus illness (COVID-19), however mild, stay at home for **7 days** from when your symptoms started.
- After 7 days, if you do not have a high temperature, you do not need to continue to self-isolate. If you still have a high temperature, keep self-isolating until your temperature returns to normal. You do not need to self-isolate if you just have a cough after 7 days, as a cough can last for several weeks after the infection has gone
- You live with others and you are the first in the household to have symptoms of coronavirus (COVID-19), then you must stay at home for 7 days, but all other household members who remain well must stay at home and not leave the house for **14 days**. The 14-day period starts from the day when the first person in the house became ill.
- For anyone else in the household who starts displaying symptoms, they need to stay at home for 7 days from when the symptoms appeared, regardless of what day they are on in the original 14 day isolation period.

## Latest Risk Assessments

Companywide Coronavirus Risk Assessment **updated 21<sup>st</sup> April 20**

[RA-C25f Dangers of catching Coronavirus \(Covid 19\) UPDATED 21st April 2020.docx](#)

Sanitisation of Company Vehicle

[RA-C27 Sanitization of vehicles to treat & prevent Covid 19 spread.docx](#)

Temporary Homeworking Risk Assessment

[RA-T70 Temporary Home Working.docx](#)

## Good Practice Solutions

**Maintain basic hygiene principals – Wash Your hands correctly**

Watch the Clip below

[Washing your hands The purple paint demonstration.mp4](#)

**Check that ALL your teams have still got enough hand sanitiser / washing facilities and replenish where necessary**

**Tudor Environmental now advertising they have a new limited supply of hand sanitiser & disinfectant**

### Helping you with Hand Sanitisers & Anti-Bac Hand Wipes




**Clarisan Purex Instant Hand Sanitising Gel, 60ml**  
Thick, 62% alcohol gel  
60ml bottle  
**£ 6.40 each + VAT**  
(min quantity per order: 10)

**Ecotech Hand Sanitiser, 250ml**  
Anti-viral, non alcoholic sanitiser  
250ml foamer bottle  
**£ 4.98 each + VAT**  
(min quantity per order : 10)



**Clarisan Multi-Surface Disinfectant Wipes-refill**  
Anti-bac, anti-viral, 200 wipes  
**£ 8.75 each + VAT**  
(min quantity per order: 10)  
VAT extra



<p><b>Mental health during the Coronavirus outbreak</b></p> <p>Don't be afraid to ask for help and advice during these difficult times</p> <p><b>Mental Welfare Support From Lifeworks app</b></p>	<p>Remind your team that we operate an <b>Employee Assistance Programme</b> called 'LifeWorks'.</p>  <p>The APP has lots of useful information about self-care, mental health and well-being and has Covid-19 toolkit for individuals too. If employees haven't yet registered, Busy Bees that operate the platform, are re-issuing the invitation to the app, so please encourage staff to download it on their phones, its free and could be helpful to many.</p> <p><b>Other Mental Health advice guidance available @ following sites</b>  <a href="http://www.mentalhealth.org.uk">www.mentalhealth.org.uk</a>  <a href="http://www.mind.org.uk">www.mind.org.uk</a>  <a href="http://www.samaritans.org.uk">www.samaritans.org.uk</a></p>
 <p>Helping people in horticulture <b>Perennial</b></p>	<p><b>Perennial Coronavirus COVID-19 news update</b></p> <p>Perennial's helpline is operating as usual on 0800 093 8543 or visit <a href="http://www.Perennial.org.uk">www.Perennial.org.uk</a> to fill out the <b>contact form</b>. The confidential helpline is open Monday – Friday, 9am – 5pm.</p> <p>Perennial's service is free, impartial and completely confidential for individuals and families, and the guidance you receive will be tailored to your individual circumstances. This dedicated service is needed now more than ever, as more and more people feel the strain of economic pressures and the pressures of isolating.</p> <p>To view the latest perennial update  <a href="#">Perennial Coronavirus COVID-19 news update (27 April 2020) .docx</a></p>
<p><b>May Business Brief</b></p>	<p>Subjects are:</p> <ul style="list-style-type: none"> <li>Bin Emptying &amp; Litter Picking Safety</li> </ul> <p><a href="#">BB May 2020 - Emptying Bins &amp; Litter Picking Safety.docx</a></p>
<p><b>Avoiding attending A&amp;E by avoiding accidents</b></p> 	<p>The last place we want to be visiting is a hospital as a potential patient In these hard operational times please ensure your guys follow all company H&amp;S procedures to help reduce any requirement of need to visit A&amp;E. Controls include:</p> <ul style="list-style-type: none"> <li>Ensure All wear correct PPE @ all times</li> <li>Ensure all machines and equipment is fully guarded</li> <li>Contact your teams on a regular basis ensuring all is well</li> <li>Ensure Lone Workers do not complete any High Risk Task</li> </ul> <p>This is not the time that your teams want to be injured and have to go to an A&amp;E hospital.</p> <p><b>CHECK</b> that all your teams have sufficient PPE &amp; remind them that they <b>MUST</b> wear @ all times - Don't wait for them to ask be proactive</p>



# Compliance Bulletin



## Frequently asked Question

**Where is the information from the govt that more than 1 person can travel in a van**

<https://www.gov.uk/guidance/social-distancing-in-the-workplace-during-coronavirus-covid-19-sector-guidance>.

**It states:**

- If workers have to share enclosed spaces such as the cabs of vehicles, they should keep the window open for ventilation and they should be careful to avoid touching their face at all times.
- On leaving the enclosed space, they should wash their hands with soap and water for 20 seconds or more or use hand sanitiser when they cannot wash their hands.

**Sharing best practice is very important companywide & if any of you have suppliers of vital equipment or you have introduced good processes forward information to [Robin.Jackson@nurturelandscapes.co.uk](mailto:Robin.Jackson@nurturelandscapes.co.uk) which we will include details of in next week's bulletin.**

**Next Week's bulletin will be Tuesday 5<sup>th</sup> May 2020**