

At this current time of reduced movement & therefore postponement of H&S meets in each region we have created a Compliance Bulletin that we intend to communicate each Tuesday

## Section A - Coronavirus

### Covid 19 Status



This week there has been further relaxation made to the lockdown rules announced by the UK Government, The government has set out its plan to return life to as near normal as we can, for as many people as we can, as quickly and fairly as possible in order to safeguard livelihoods, but in a way that continues to protect our communities and our NHS. The most important thing we can continue to do is to stay alert, control the virus, and, in doing so, save lives

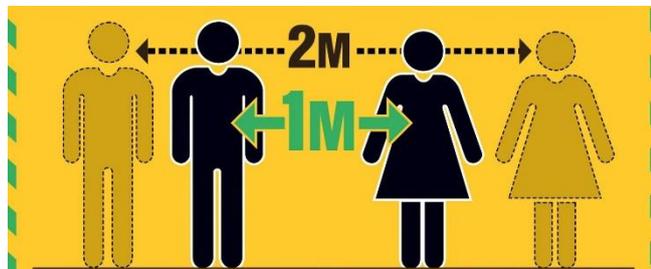
**Do NOT get complacent ensure YOUR teams maintain Nurtures Social Distancing & Hygiene Procedures**

### Social Distancing

Although easing of measures continues the message to businesses is **where possible maintain the 2m** social distancing measures. You **MUST** maintain social distancing in the workplace wherever possible

#### Government Objective

Ensuring workers maintain social distancing guidelines (2m or 1m with risk mitigation where 2m is not viable is acceptable)



#### Nurture Social Distancing - Practice Social Distancing wherever possible

To ensure we are doing everything possible to reduce the risk of infection. Measures put in place by Nurture include;

- Maintain operative social distancing at all times, this may involve staggered start and finish times
- where it is not possible to remain 2 metres apart, staff should work side by side, or facing away from each other, rather than face to face if possible
- where face-to-face contact is essential, this should be kept to 15 minutes or less wherever possible
- Dual teams to remain in the same personnel throughout (cohorting)
- Stagger break times to ensure no interaction thus reducing risk.
- Cleaning down of multi-use machinery or vehicles before transferring to another user.
- Sanitising hands at regular intervals along with machinery and vehicles using wipes provided
- Regular washing of hands for at least 20 seconds.
- Using screens or barriers to separate people from each other

If social distancing guidelines cannot be met in full, consider whether that activity needs to continue, and if so, take all mitigating actions to reduce risk.

[Staying alert and safe \(social distancing\) 17th July - GOV UK.htm](#)

## Van Sharing

Objective: To maintain social distancing wherever possible between individuals when in vehicles:

- avoid multiple occupancy vehicles where safe to do so
- vehicles should not be shared if possible
- if it is not possible to maintain social distancing guidelines inside vehicles (2m, or 1m with risk mitigation where 2m is not viable), consider additional safety measures

### Steps that will be needed:

1. Keeping the number of people in the vehicle to a minimum and as distanced within the vehicle space as possible.
2. Using a fixed pairing system if workers have to be in close proximity, for example in a vehicle.
3. Making sure vehicles are well-ventilated to increase the flow of air, for example, by opening a window.
4. Ensure regular cleaning of vehicles, in particular between different users.
5. Consider seating arrangements to maximize distance between people in the vehicle
6. We may need to ask the driver and passengers to a face covering

## Nurture Group Maximum Van Numbers

### Standard Vans

All 3 Seater vans will be operated with a maximum of 2 people only with the central seat NOT used

### Crew Cabs

Where there is a business requirement to operate with a 3 man team - we will now allow 3 people in a Crew Cab

2 in the front & 1 in the back. Do **NOT** use central seat @ the front

Keep the same team throughout – Do **NOT** change personnel when doing this

Passengers **MUST** wear face coverings & ensure good ventilation by having windows open where possible

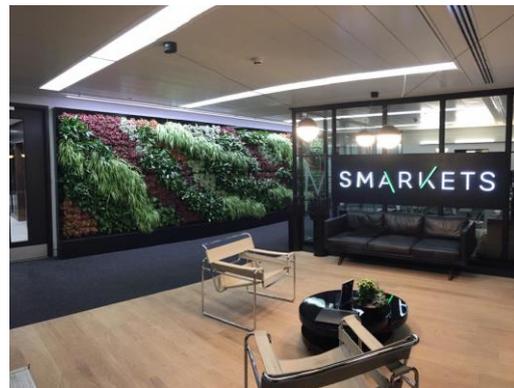


## Bali Protecting Interior Landscaping

**BALI - have created a safety document specific for the interior landscape business – most of which we have already incorporated within our Covid 19 RAMS.**

The guidance contained within this has been developed by the British Association of Landscape Industries (BALI) to meet the needs of the landscape industry. It is based on the third version of the Site Operating Procedures (SOP) issued by the Construction Leadership Council, and also aligns with guidance published by the government in the *Working safely during COVID-19 in construction and other outdoor work* document and *Talking with your workers about preventing coronavirus* document, produced by the Health and Safety Executive.

[Interior-landscaping-operating-procedures-protecting-your-workforce.pdf](#)



## Face Coverings update

Face coverings are not classified as PPE, which is used in a limited number of settings to protect wearers against hazards and risks, such as surgical masks or respirators used in medical and industrial settings.

Face coverings are instead largely intended to protect others, not the wearer, against the spread of infection because they cover the nose and mouth, which are the main confirmed sources of transmission of virus that causes coronavirus infection (COVID-19).



### A face covering should:

- cover your nose and mouth while allowing you to breathe comfortably
- fit comfortably but securely against the side of the face
- be secured to the head with ties or ear loops
- be made of a material that you find to be comfortable and breathable, such as cotton
- ideally include at least two layers of fabric
- unless disposable, it should be able to be washed with other items of laundry according to fabric washing instructions and dried without causing the face covering to be damaged

In UK, you must by law wear a face covering in the following settings:

- Public Transport
- Shops and Supermarkets (IN England from 24 July 2020 )

You are also strongly encouraged to wear a face covering in other enclosed public spaces where social distancing may be difficult and where you come into contact with people you do not normally meet.

## When to Self-Isolate

We **MUST** continue to ensure that workers who feel unwell with Covid 19 symptoms stay @ home and do **NOT** attend the work place

The medical advice is clear: you must self-isolate if you have coronavirus symptoms or live in the same household as somebody who does. The main symptoms of coronavirus are:

- high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal



If you have one or more of these symptoms, you must self-isolate straight away for 7 days – or longer if you still have symptoms other than cough or loss of sense of smell/taste.

If you live in the same household as someone with coronavirus symptoms, you must self-isolate straight away for 14 days.

## Risk Assessments

Companywide documents have been reviewed & updated

### Latest Nurture Covid 19 – Risk Assessment

[RA-C25j Dangers of catching Coronavirus \(Covid 19\) UPDATED 20th July 2020.docx](#)

Main Office Assessment - [Office risk assessment reviewed 6th July 20.docx](#)

See your regional folder for each regional office assessments: [K:\Office RA](#)

## Frequently Asked Questions

<p><b>Who is allowed to go to work</b></p>	<p><b>Government advice is changing</b> With the exception of the organisations listed in this guidance on closing businesses and venues, the government has not required any other businesses to close to the public – it is important for business to carry on.</p> <p>In order to keep the virus under control, it is important that people work safely. Until 1 August, people who can work from home should continue to do so. Where it is decided that workers should come into their place of work then this will need to be reflected in the risk assessment and actions taken to manage the risks of transmission in line with COVID-19 Secure guidelines. These are tailored guidelines for employers - developed in consultation with businesses and trade unions - to help protect their workforce and customers from coronavirus while still continuing to trade or getting their business back up and running.</p> <p><b>From 1 August, it will be at the discretion of employers</b> as to how staff can continue working safely. Working from home is one way to do this, but workplaces can also be made safe by following COVID-19 Secure guidelines. Your employer should consult with you on how you can work safely, and must ensure workplaces are safe if they are asking you to return, as above.</p>
<p><b>What does the government's review of 2m mean in practice</b></p>	<p>People should either stay 2m apart or '1m plus' – which is one metre plus mitigations that will help to prevent transmission. These mitigations will depend on the workplace or setting. For example, on public transport (and from July 24, in shops and supermarkets), people must wear a face covering, as it is not always possible to stay 2m apart.</p> <p>In other spaces, mitigations could include installing screens, making sure people face away from each other, putting up hand washing facilities, minimising the amount of time you spend with people outside your household or bubble, and being outdoors</p>

## Good Practice Solutions

<p><b>Mental health during the Coronavirus outbreak</b></p> <p><small>Don't be afraid to ask for help and advice during these difficult times</small></p>	<p>Remind your team that we operate an Employee Assistance Programme called 'LifeWorks'.</p> <p><b>Mental Welfare Support From Lifeworks app</b></p> <p>The APP has lots of useful information about self-care, mental health and well-being and has Covid-19 toolkit for individuals too. If employees haven't yet registered, Busy Bees that operate the platform, are re-issuing the invitation to the app, so please encourage staff to download it on their phones, its free and could be helpful to many.</p>
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## Good Practice Solutions



Helping people  
in horticulture  
**Perennial**

Latest Perennial news update includes

- Back to School
- Mental Well being
- Free Legal Advice
- Skydives open again

[Perennial Coronavirus COVID-19 news update \(16 July 2020\).docx](#)

Perennial's helpline is operating as usual on 0800 093 8543 or visit [Perennial.org.uk](http://Perennial.org.uk) to fill out the [contact form](#). The confidential helpline is currently open Monday and Wednesday, 9.30am – 5pm and Tuesday, Thursday and Friday, 9am – 5pm.

Sharing best practice is very important companywide & if any of you have suppliers of vital equipment or you have introduced good processes forward information to [Robin.Jackson@nurturelandscapes.co.uk](mailto:Robin.Jackson@nurturelandscapes.co.uk) which we will include details of in next week's bulletin.

The next Compliance bulletin will be Tuesday 28<sup>th</sup> July 2020